

Yoimoji of the Week

Buddy the Mindful Alpaca

Dominykas was mindful of his friend's feelings and being kind to them.

Firs Class

Emma has been mindful during massage sessions.



Jayden has been kind and mindful this week towards his friends

Rhys has been mindful thinking about his health and the environment.

Buddy is mindful.

I notice what is happening around me. Being aware of how I feel keeps me calm and helps me focus.



Dominic has been very kind and caring to his friends this week.



Oscar and Leo V were very mindful in their massage session, offering other students massages.

Cherries Class

James has been mindful this week. He has been choosing to have quiet time in the snug and looking at the stars to relax himself. He has been communicating with adults and using his PECs in a thoughtful way.



Mindful: Zack has been using breathing techniques to help him calm down when he was upset.

Luke was mindful in sensory ASDAN by helping Deanna with our story.

All of Pines were mindful during their internet safety lesson this week.

Alfie held the door of the play car open for Mary-Ellen.



BUDDY MINDFUL

Jason has been mindful when talking and being mature.

Daniel,

You were really mindful during our yoga and story massage session this week. Well done you!

Toby was mindful and caring when Fleur had a slight panic in drama.

