

After years of struggling with her mental health, Ellie was finally diagnosed autistic at 28, and with ADHD four years later.

Everything made a lot more sense - but this wasn't the end of the journey.

Join Ellie - also a parent carer of two autistic teens - for a candid retelling of her story, tackling questions such as:

- Why is it so difficult to navigate a neurotypical world?
- What are the dangers of leaving autistic individuals disbelieved
- and unsupported?
- What happens when you embrace who you really are?

Booking via eventbrite (Please note - this is a hybrid event and is available in person and online).

Thursday 7th November 2024

19:30-21:00 (doors open at 19:00)

Manor Green College, Lady Margaret Road, Ifield,

BOOKING DISCLAIMER:

Crawley RH11 0DX

Please note, Ellie will be referring to difficult topics including self-harm and hospitalisation. At any point during the talk, you are free to leave or take a break should the need arise.



SUGGESTED MINIMUM DONATION £5 – PAYABLE ONLINE BY BACS OR CASH/CARD ON THE NIGHT

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